



For LACERA Retirees: **Staying Healthy Together** Fall Workshop

Whole Person Support

Join us to learn how to create a healthy lifestyle, while being proactive on care management. Enjoy healthy snacks! Stay to win raffle prizes and reconnect with fellow retirees.

Tuesday, September 23, 2025
8:30 a.m.–1:00 p.m.
Castaway of Burbank
(see other side for details)

Event Sponsors

AccordantCare
Anthem Blue Cross
Cigna
CVS Health
Kaiser Permanente
RELAC
SCAN Health Plan
UnitedHealthcare

WHEN Tuesday, September 23, 2025
8:30 a.m.–1:00 p.m.

**FEATURED
PRESENTATION** **Whole Person Support**
Lynne Chilton, BSN, RN,
Clinical Advisor Supervisor
from CVS Health and AccordantCare

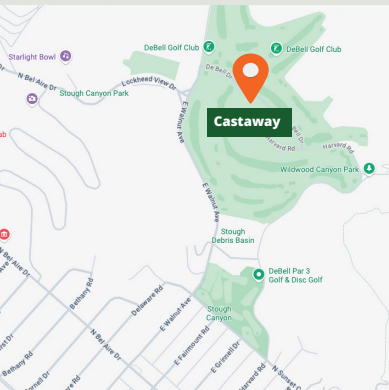
WHERE **Castaway Burbank**
1250 East Harvard Road
Burbank, CA 91501

Free valet parking will be the only option at the event. Friendly event staff will be on hand to assist you with your vehicle.

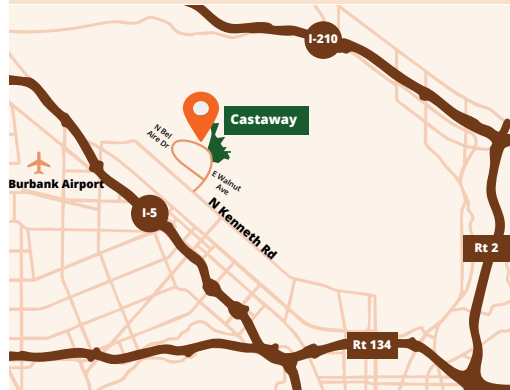
DIRECTIONS

Castaway is located just north of downtown Burbank.

Overview map



Highway map



(Maps not to scale)



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